

QUALIFICATION SHOOT – SELF-LOADING RIFLE OR CARBINE

80% - Basic level instructor (this is also the minimum requirement for a Range officer)

81% - 90% Intermediate level instructor

91% - 100% Advanced level instructor

Exercise 1

DISTANCE	POSITION	NO OF ROUNDS	TIME	TARGETS
10m	Standing.	5	8 seconds.	1 A4
The firearm is presented and 5 rounds are fired. All 5 rounds must be fired in a time of 8 seconds.				

Exercise 2

DISTANCE	POSITION	NO OF ROUNDS	TIME	TARGETS
10m	Kneeling.	5	8 seconds.	1 A4
You will present the firearm and go into a kneeling position. 5 rounds are to be fired in a time of 8 seconds.				

Exercise 3

DISTANCE	POSITION	NO OF ROUNDS	TIME	TARGETS
10m	Standing.	5	8 seconds.	1 A4
The firearm is fired from the weak shoulder/support shoulder. 5 rounds will be fired in a time of 8 seconds.				

Exercise 4

DISTANCE	POSITION	NO OF ROUNDS	TIME	TARGETS
20m	Standing.	10	10 seconds.	1 A4
The firearm is to be presented and 10 rounds are fired. All 10 rounds are to be fired in a time of 10 seconds.				

Exercise 5

DISTANCE	POSITION	NO OF ROUNDS	TIME	TARGETS
20m	Standing.	5 + 5	20 seconds.	1 A4
With 5 live rounds and 1 dummy round in each magazine, the firearm is presented and all 10 rounds are to be fired in a time of 20 seconds, carrying out the immediate action drills and magazine change when necessary.				

Exercise 6

DISTANCE	POSITION	NO OF ROUNDS	TIME	TARGETS
25m	Standing and prone.	5 + 10	25 seconds.	1 A4
The firearm is presented and 5 rounds will be fired from the standing position. You will then go into the prone position and fire 10 rounds. All 15 rounds must be fired in a time of 25 seconds.				

Scoring and marking shall be the same as explained on the Handgun Shoot.